CORONAVIRUS Local impact, local response Pages 2,

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HERALD-PRESS

THIS WEEK By Neil O. Nelson

Lordy, lordy, Census Day 2020 was Wednesday

Wednesday was also the national "Go for a Walk Day." HP didn't see any census takers on the streets on Wednesday, nor were any walkers spotted on Lincoln Avenue or any of Harvey's side streets. It was SNOW-ING, that's why.

Plus, we've been asked to stay home. Not instructed or mandated to stay home, just invited, too, sort of. No, it was strongly suggested that we should (stay home), for the good of mankind, if you will.

This, we can do

Anyway, we might have basked in the sun and 50 degree temperatures last week, this week at midweek it snowed and snowed some more, easily an inch on Wednesday and another two inches on Thursday.

What gives?

Do we blame the snow and blustery weather on Canada, the Jet Stream, Pierce County or the coronavirus? You can never trust Canada or the Jet stream, Pierce County hogged the winter storm warnings and everyone's putting the blame on the coronavirus for putting the country on edge. Standing it on its head, is what it's doing.

North Dakotans have a long and remarkable history of standing together during times of crisis and emergency, and the Coronavirus pandemic is no different.

Everywhere you look friends and neighbors are reaching out to help friends and neighbors who are struggling through what is perhaps the worst public health crisis in our history.

One thing that is different this time is the proliferation of news and information sources, some of them important and accurate, others spreading fear

and misinformation.

In dealing with this crisis, Gov. Doug Burgum has repeatedly called out the importance of dealing with "facts over fear," of relying on trusted information and understanding what may be misinformation.

At a time when so many of us feel we're on our own, The Herald-Press is there with you, providing reliable, trusted, factual and multi-sourced information to help you make sense of the situation, to steer you toward any help you may need, and to offer reassurance and a

calm, steady hand.

HEN YOU'RE

ON YOUR OWN.

E ARE THER

Like any other business, newspapers feel the effects of the crisis. Many have staffers working from home so they can continue to provide vital news safely. Many advertisers have closed or curtailed their businesses. Our staff is working to report, check and distribute verified information to help our communities in a time of need.

This week, newspapers across the state and nation are bringing you the message that "When you're on your own, we're there with you." An important part for us when this is over and

of that message is a series of done. reminders:

Health care providers of all types deserve our deep and heartfelt thanks for working in harm's way to keep our community as healthy as possible.

All of us have a personal responsibility to employ healthy practices from hand washing to social distancing to being "North Dakota smart" instead of "North Dakota tough."

Remember your local businesses that need help staying afloat now so they can be there

Remember those who have been laid off or furloughed because the economy has ground to a standstill, and the relief organizations who need your support to provide desperately needed help.

There is no doubt that working together we will emerge from this crisis healthy and strong. Until then, be well and look after one another.

Planning for spring adds sense of normalcy By Anne Ehni sell," she added. April showers bring May Millirans began her flowers. And local florists and greenhouse business when she greenhouses are getting ready

was working closely with Fav Fandrich at Cabin Creations in Fessenden. "Our businesses have evolved into unique and separate businesses," Millirans said. "But we still help each other out whenever needed."



Then again, the cornonavirus doesn't like the heat, so maybe it connived for it to snow.

Who knows?

HP figures we can grudgingly handle the snow, it's the coronavirus that has everyone rightfully on edge. It's easy to get caught up in the numbers, and in this case -- numbers don't lie.

With the apex of the curve (top of the mountain) still a week and a half away, our challenge is to respect and accommodate the requests from the coronavirus experts: practice self-isolation and wash our hands till the skin comes off, or at least 20 to30 times a day, whichever comes first.

Stay home, stay connected and stay healthy, and we will have climbed the mountain. This is how we stop the spread of the coronavirus.

Remember: social distancing is the norm

In the meantime, we can prav for those who are risking their lives to save lives: Hospital staffs worldwide and emergency personnel on the front lines in the ambulances and makeshift hospitals and clinics in our largest cities.

Changing behavioral characteristics is difficult, HP understands. But, if we're to get through the next three weeks and avoid a calamitous development, we all have to do our part.

Lastly, imagine yourself dematerialized, then practice it and you're home free. If you're unable to do that, then you better convince yourself that there's no better place than home.

And then stay there.

Stay safe and stay well

In her fourth year of the greenhouse business, Elly Millirans, owner of Fresh From the Mill Greenhouse in Bowdon, said her flower and vegetable plants are pushing through the surface of their soil pods.

to bloom.

Millirans starts most of her plants from seed, and this is an exciting time. She described the process of plants emerging as being something that "we plant people look forward to every year.

"This year, especially, seeing the plants pushing their way through the soil brings a sense of normalcy that is, otherwise, hard to come by right now.

Millirans will be adding a new greenhouse on Main Street in Bowdon, right next



Silk flower and succulents can add beauty year-round.

to the grocery store. She's planning on opening for sales during the first part of May. With the new sales greenhouse, she looks forward to easier access for her customers.

"I'll still use the greenhouses at my house for starting plants and getting them ready to

Spring is in the air at Fandrich's shop, as well. The coronavirus pandemic has had some impact on her business, but she's keeping busy delivering flowers and getting ready for spring.

"I can still get plants from California and South Dakota, but since Holland is not exporting plants right now, finding inventory has been an interesting process," she said. Nevertheless, Fandrich said she foresees no problem in getting plants for planters and baskets, and she is confident that her supply of cut flowers

Seeds have emerged and plants will be ready to move to gardens by early May.

will remain strong. Her bulb gardens and potted plants are starting to bloom, and Fandrich enjoys the sign of hope and joy that the blooming buds transfer.

"Flowers bring joy year-round," she said, "but especially in the spring."

Cabin Creations: 701-341-1327 Fresh From the Mill: 701-226-5648

Staying positive in spite of COVID-19

By Neil O. Nelson Never in all his years has Kenneth Edinger seen anything like it.

"I don't know what to think," he said on Tuesday from behind the front parts counter at Harvey Motor Service.

"This is the worst thing that's ever happened to this country," he added

Kenneth and Mavis Edinger have the front door to their Lincoln Avenue store open but a sign asks customers to knock first; still, in the span of a few minutes, a young man, who was invited in, needed a part and a telephone caller said she was in the back of the store with a lawnmower to unload.

Mavis went out back to show where the lawnmower needed to be unloaded and Kenneth went in search of the part he was sure he had in stock.

Business could be better,



Business along Highway 52 corridor has slowed markedly since COVID-19 surfaced.

Kenneth acknowledged.

"It's slow and I'm afraid it's only going to get worse."

"What will we do then?" asked Mavis. She's heard how the current lockdown will easily last another two, three months, maybe longer.

"But what do they know?" Kenneth, one of the elder it's going to be bad."

statesmen on Lincoln Avenue, is afraid an extended lockdown will take a lot of businesses down with it.

"We'll have businesses go under."

Not necessarily in Harvey, he said, but across the state and across the country. "You know

It's hard to be positive, offered Mavis.

"But we try."

Harvey Mayor Ann Adams shares the Edinger's outlook, "unfortunately," she said.

"I give it another two or three months. We haven't hit the peak yet."

Adams doubles as the director of the Harvey Chamber of Commerce and Visitors Convention Bureau.

"It's very scary. I worry about all our businesses."

Most stores in Harvey's business district are open, working with fewer employees and shortened hours. In the center of downtown, Service Drug and Ta Ahni are offering curb service.

Harvey's service industry, doctors, dentists, chiropractors and physical therapists, are seeing patients by appointment. Bank officers are also taking appointments.

Prom, graduation suspended

Harvey High School's prom and graduation have been suspended, according to Superintendent Dan Stutlien.

"We still plan to have both but they may be pushed back into June or July. But, for now, they're suspended."

The Harvey school's curriculum during the lockdown has been approved to the end of the school year.

In the meantime, Stutlien said his staff is doing the best it can, "delivering new age online education."

Distance teaching is a challenge, Stutlien conceded. "But we're doing the best we can, like everyone is.'

Stutlien said he has been following state and national reports on the computer, in

> COVID-19: Continued on page 2

Art Prom

Card of Thanks

I would like to take this opportunity to thank all of the people for their help, prayers, cards, phone calls and concerns during my recnet setback. Thank you to the Martin Baptist Church with the leadership of Jim and Jean Rust who were there on day one. To my family who cared for me and especially my wife, Fra. To Pastor Phil and my friends of First Lutheran and to Father Kevin and members of the Catholic Church for prayers. There is power in prayer, without your prayers it would have been a great struggle.

Thanks to all.



To add or remove a birth date, send name and date to: The Herald-Press, 913 Lincoln Ave, Harvey ND 58341 or heraldpress@MidcoNetwork. com

April 5:

Corina Hase Shane Block Alexandra Deck Sandy Rudolph Brian Huus Jennifer Helm Paul Gunter Sara Tofte **Payton Leintz** Brad Patzer April 6: Darlene Wurtele Kathy Freadrich Mitch Caudle Marion Reddig Keithel Schander **Trevor Thompson** Jordan York April 7: Odell Krohn Norman Rau Amanda Nelson **Clayton Knudson** Tammy Neurohr April 8: **Erin** Albrecht Andrew Mueller Canva Berg Harry Adam Ronald Peterson Kari Neumiller Jeremy Grube Alvin Retzlaff Al Deck **Barry Kline** April 9: David Heil Anne Ongstad Brent Lucas Chrissie Hager Cody Schneider **Tessa Weckerly** George Moe Jeff Riedesel Alexa March Anthony Roma April 10: **Michael Waldoch** Natalie Anderson Jason Helm Sheila Keller Landon Weckerly Kim Leik Irene Bader Adeline Hickman **Nadine Trottier** Linda Wobbema April 11: **Barb** Irons John Schweitzer Gary Weinmann Arlene Kvislen Erica Heitmann Kara Neuharth Leela Sprenger Holly Martin Joel Broschat Preston Meier Nancy Stordahl Kristopher Birkeland Cindy Thompson Tayvia Knudtson

Harvey, Fessenden schools uncommonly quiet in lockdown

COVID-19: Continued from page 1

addition to participating in online webinars. He said the school is uncommonly quiet with the school devoid of students and his teaching staff largely working from home.

Without students crowding the classrooms and corridors. custodians have had the opportunity to clean both the high school and elementary school.

There isn't much else we can do, the Harvey administrator indicated.

"It's pretty quiet up here."

Fessenden-Bowdon School

Graduation and prom have been put on "pause" at the Fessenden-Bowdon School, according to principal Warren Strand.

However, Strand as the school's principal is still planning for graduation to be held on May 25. "We'll have a better idea in May how it looks, but until we're told differently, we're moving forward with graduation on May 25."

Time will tell, said Strand. The school's prom is also on hold, the veteran principal said.

Meantime, the Fessenden-Bowdon school has been closed three weeks, except for essential personnel. Cooks and custodians have been in the school every day and teachers have had the choice of instructing from home or the school.

A few were in the school on Thursday, despite the stormy weather that moved into the region Wednesday night.

The school's professional staff and students have made the transition to online learning seamlessly, according to Strand.

"The teachers and students have all been excellent in the transition. I give the teachers a lot of credit."

Behind the leadership of Supt. Nancy Bollingberg, the transition couldn't have been smoother, Strand said.

"Supt. Bollingberg has done a great job in leading the way," he said.

"Distance learning is not the same as it is in your brick and mortar building, but we're a oneon-one school, the students are equipped to handle the challenge of online distance learning."

For the students, he said, it was not that hard of a transition.

"Once we got everything up d running, the kids especia

in addition to Highway 52's Rancho Grande have taken some of the burden off Subway, JWs, Spectators and the city's three convenience stores when it comes to feeding the community. Rancho Grande has been open three weeks and the Tastee Freez opened on March 20.

"It's good to be open again," said owner Shauna Faul, "but now we have this (coronavirus) to deal with.

All beauty salons in Harvey remain closed. Harvey's Central Cinema has also pulled the curtain closed, and the city's library has closed the book on April, hoping to open again in May. "Stay well and safe," the sign on the library's front door says.

While President Donald Trump's nationwide stay at home directive was extended to the end of the month, North Dakota Gov. Doug Burgum doesn't feel his state needs one. Not yet, anyway.

However, Burgum wants all bars, restaurants and theaters in the state closed until April 20. An update on a possible extended closure will be given on April 15.

It's going to be a long month, Ann Adams, Kenneth and Mavis Edinger sadly agree. All on account of this coronavirus thing, said Kenneth Edinger.

"It's gonna get here."

Gravely concerned

Dr. Paul Gunderson, Harvey, is also gravely concerned for the local business communities in Wells County.

In a letter to the editor this week, the economic development director in Harvey, shared how local businesses are dependent on community interaction and sales for their very livelihood.

It's imperative, he wrote, that "We develop habits that assist businesses and keep them financially robust while we stay at home and promote our greater Harvey-area community's health as a Number 1 priority."

Gunderson, in his letter, detailed how local residents can assist local businesses.

At the same time, Gunderson is appreciative of the CARES Act written by Congress and signed this week by President Trump.

This will be of great help to many, he indicated.

Check's in the mail

The federal government's \$2 trillion stimulus package is intended to provide the country financial relief as COVID-19 stresses physical and financial health across the U.S. The act, in part, will provide hundreds of billions of dollars of relief to the American economy in the form of SBA loan guarantees, direct grants and deferrals. The most widely reported benefit is the direct payments made to individuals. Americans who make no more than \$75,000 will receive \$1,200 and double that if they are married. Parents of children will receive an additional \$500 for each child. The money will be distributed to personal bank accounts or mailed, with the money arriving inside three weeks, at the earliest. The \$2 trillion package, focused

on combating the consequences of the coronavirus, includes relief to small businesses hurt by state and local lockdowns.

The Small Business Administration has been given \$349 billion to fund loans to banks and other financial institutions so applications, loan processing and disbursement of funds can be administered on the community level.

The SBA loans will provide much-needed relief to small businesses so they can sustain their businesses and keep their workers employed. Borrower fees, lender fees, collateral and personal obligation requirements are all waived and prepayment fees will not apply in the SBA loans.

The SBA portal for borrowers can be found at:

https://www.sba.gov/ funding-programs/loans

The SBA was expected to start processing loan applications this week. The private and public sectors

working together on the SBA loans is unique and testifies to the government's promise to get the country back up and running as soon as possible, said U.S. Senators John Hoeven and Kevin Kramer on Monday.

"We're asking the federal government to respond like it never has," said North Dakota Gov. Doug Burgum, Hoeven and Kramer on Monday.

Unemployment benefits

Gov. Burgum on Wednesday waived the mandatory one-week waiting period for unemployment benefits as claims continue to increase in North Dakota during the COVID-19 pandemic.

"Waiving the one-week waiting period doesn't increase the amount of money an individual will be eligible to receive, but it does help to get benefit payments into the hands of claimants sooner," Burgum said.

The executive order is critical to helping out-of-work North Dakotans who are struggling to make ends meet during the COVID-19 crisis, Burgum said.

"Using a whole-of-government approach, we continue to seek out ways to provide relief to our citizens during this pandemic."

North Dakota saw an additional 2,574 unemployment claims filed Tuesday, bringing the total for March 16-31 to 27,241 claims more than were filed during all

NO PLACE TO HIDE

By Neil O. Nelson

Like everyone else, Ann Adams is treading unchartered waters. She has been now for three

weeks. Gov. Doug Burghum on Tuesday, March 17 instructed the mayors of North Dakota cities that it was a local decision to close down their respective business districts or not, in light of the coronavirus scare sweeping the state and country.

The governor was telling Adams and every mayor in the state that it was their decision, not the state's.

Adams, Harvey's first term mayor, immediately sought the counsel of the Wells County Medical Officer and the city attorney - Dr. Charles Nyhus and Chris Nyhus, respectively.

"I wanted guidance," she explained.

Before Harvey's father-son public service team got back to the Harvey mayor, Gov. Burghum sent out another statewide directive taking the responsibility off the hands of North Dakota's mayors.

In that email on Tuesday (March 17), Burghum instructed all bars in the state to close and all cafes and restaurants to curtail service to take out and delivery. Schools had already been ordered closed, beauty salons were told to shut their doors and all sporting events in the state were suspended, including the 2020 state basketball tournaments.

Main Street businesses were on their own; close, remain open or curtail services; it was their decision.

Since then, Mayor Adams has been glued to her Lincoln Avenue office, computer following every state and national report, including all webinars directed at local officials.

"I want to stay informed," Adams said this week.

"I'm keeping tabs on whatever they're doing on the state and national level."

She admits she's worried for her town and the state and the country.

"I'm very concerned." In the meantime, she says she's trying to "stay positive."

Rough stretch

Veteran businessman Paul Miller fears the country is in for a rough stretch.

"I really do," he said last week. When it all started to come

He won't have any money and he's going to count on the business he had?

Miller last week expected the government would likely offer small businesses a handout of some kind and he hopes they do.

'But are they talking about little guys like me, with one employee?"

He doesn't think so.

"Hell no, they're not."

If that isn't bad enough, Paul Miller knows the coronavirus is circulating and it's only a matter of time before the virus hits home in North Dakota.

"No place to hide."

He heard Washington is giving everyone \$1,200. "Big deal, that's nothing. What's that going to last - a week, a month?"

In the Golden Years of Harvey's Lincoln Avenue, Miller remembers his store generating \$20,000 in sales in one month. April, for instance, he said.

Farmers were getting ready to go into the fields, they were buying boots and work clothes. "Everyone was buying clothes and shoes.'

What a difference a few decades makes, he observed.

"Now, I might close next week, who knows?'

Ahhh well, he mumbled. "It'll all come out in the wash."

Sisters worry

Sisters Susie Hoepfer and Lisa Hager have been working together at Harvey's Little Mart on the west edge of town.

Lisa's Hornbacher's café downtown has closed, so she's helping Susie at Little Mart.

Business at Little Mart has been relatively good since the shutdown took effect.

Lisa's café closed on Friday, March 20. Business hadn't been good for a few weeks.

Now she has no business. "You can't make enough on take-out orders."

Said Susie, "It's scary, very scary."

She worries about her sister because she worries too much. "She's the worrier," said Susie,

pointing at her sister.

"And she's the one who always says, 'It's going to be ok,'" said Lisa, nodding toward her older sister.

The sisters openly wonder what will next week, next month bring? They're almost afraid to know.

Susie fears the "worst is yet to

caught on without a problem." Strand has spent his entire 25

years in education at Fessenden. He admits he's never had to deal with a shutdown like his school is currently experiencing. The students might not be in the school, Strand acknowledged, but "we're still moving forward and educating the kids. That hasn't changed, he said.

Bars, salons still closed

Grain is still being shipped on the Canadian Pacific Railroad tracks by the elevators in Harvey and Fessenden and Harvey's Brewster Avenue Tastee Freez,

of 2019.

On the national level, 6.6 million unemployment claims were filed in the last week, a record. Ten million have been filed in the last two weeks.

Unemployment benefits should start arriving next week.

In the Monday televised address, the governor and senators reported how the government is making \$173 billion available to hospitals nationwide. Another \$8 billion is being made available to Indian reservations.

Farmers and ranchers will be offered assistance from the \$25 billion given to the USDA to distribute.

"We have to keep the food

down, he said, there was talk, of course, but that was it. "We even talked about it here,"

Miller said, motioning to the chairs positioned at the front of his store, where friends give their take on the day.

"We're still talking about it, but now there isn't any business."

In fact, he said, "I don't know what I'm doing here. I don't want to be stuck at home, I guess."

How does anyone make a living, if his doors are closed? Paul Miller asked.

"Then I hear how someone says we can let the 80-year-olds risk death. I don't know how that's supposed to avert economic calamity, but we're expendable now, I guess.

"Man, I tell ya, this is quite the country we're living in."

The businesses that are closed now, Miller continued, how're they going to re-open in three, four months?

come.

It can't get much worse for Lisa, who isn't sure what she'll do with her downtown Harvey business.

"We turned the lights off, unplugged what we could and turned down the heat.

"But I still have a water bill and taxes to pay. And I don't have any money coming in."

What is she expected to do? she asks. "What can I do?" she asks in an exasperated tone.

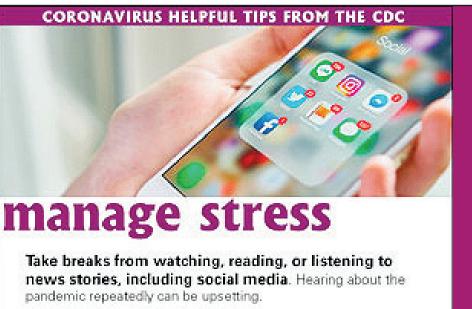
Lisa really doesn't want to close the restaurant permanently. The café was started 45 years ago by her grandparents.

Well, said the optimistic Susie, "at least we won't starve. Between the two places, we have plenty of food."

Little consolation, hinted her sister.

Lisa's doctor stopped her on the street one day last week.

"She asked how I was doing. I said, don't ask."



To learn more, visit www.cdc.gov.





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Neil O. Nelson

This shutdown ordered by the president, which has been extended another 26 days from today – Saturday, April 4, -- is getting old, already.

For one, where's a guy supposed to get a haircut?

The president has his own barber, I'm sure. I don't. I swear, my hair is getting so long I'm starting to look like Trump, except my hair is gray and Trump's is yellow.

The thing is, we both need a haircut. Wonder why Trump is giving these afternoon press conferences? It gives him an hour away from Melania, that's why.

Melania Trump would like to see the president's afternoon coronavirus press conferences last two, three hours, what she tells friends, I've heard.

"It gets him out of my hair, if you know what I mean."

Her hairdresser agreed.

"But, Mrs. Trump, you just watch, the president will lockdown Washington and the White House and his barber's down in Mar-a-Lago. Oh my god, then what? They'll want you, Mrs. Trump, to cut his hair, that's what."

Herald-Press Editorial

And here I never thought the president and I would ever have anything in common.

But, it's obvious we both need a haircut. And neither one of us want our wives to do the cutting.

I guess, I wouldn't mind giving Melania a shot at cutting my hair. I can't vouch for the Baker/DA, but I don't think she'd object. I mean, in the interest of the nation' wellbeing, especially in this ever-deepening current crisis, you wouldn't think she'd object too loudly at giving up some of her time to cut the president's hair.

We all must make sacrifices, right. I told my wife what I had in mind. I'm calling the White House and suggest the First Lady cut my hair and you cut the president's hair. In the interest of the country's wellbeing, I'm doing this, okay?

Sure, she said.

The White House answered after the eighth ring, must be busy today, I whispered to the Baker/DA, they usually answer after the third ring. "I'm sure," she said.

I asked if this was the White House.

"Sure is, honey, what can I do for you."

Usually, the White House operator is a little more formal, even when they know it's me calling. So I asked if this was, in fact, the White House.

"Honey, I've been working here for 13 years, I should know if this is the White House or not, doncha think? Now, what is it you want, doll?'

I turned to the Baker/DA and said I might have the wrong number.

'How many White Houses are there, for crying out loud. Tell her you want to talk to the president,"

I said into the phone, Ma'am, I'd like to talk to the president, if you don't mind.

"Wouldn't we all, now quit wasting my time. What is it you want?"

I told everyone to hold on, and I checked the number I called.

Wrong number, I told the Baker/ DA.

Barb, my wife, was getting exasperated, I could tell. She asked, "Just who are you talking to?"

The White House restaurant in the mall in Devils Lake, I confessed.

"The WHITE HOUSE café in DEVILS LAKE?" she screamed. I was right, she was getting exasperated. She threw the phone book at me.

The White House restaurant in Devils Lake was still on the line. "Honey, you've got five seconds. Are you going to order something or do I have to hang up on you?" Slow as it is, she hated hanging up on anyone, she added.

Sorry, I said, I'll take an open-face hot beef sandwich. Do you deliver? I asked.

I told her where I lived.

Hello? I said. Hello?

She hung up on me, I told the Baker/DA.

"Do tell."

What a week. I still need a haircut, the bride isn't talking to me, and there's an open face hot beef sandwich getting cold at the White House restaurant in the Devils Lake mall.

Onward and upward.



DAKOTA a'i'èBC

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from the North Dakota Humanities Council.

Three Andrists and a Newspaper By Merry Helm

April 8, 2020 - Tomorrow and the next day, too - will be the birthdays of Calvin Andrist, who was born in Ada, MN, in 1888 - or maybe 1887. His son, John, says, "Dad always claimed two birth dates. After celebrating on April 10 for half a century, he had reason to request an official birth certificate. That showed his birth as April 9, 1887. He refused to give up April 10 and declared henceforth and forevermore he would have a two-day birthday celebration."

Calvin's family moved to a Canadian homestead north of Crosby, but his stepmother wasn't fond of him, so he set out on foot, at age 16, to make his fortune in the town of Portal some 25 miles away. With only an 8th grade education, his career choices were limited, at best.

It was in that fall of 1907 that a pioneer newspaper publisher offered Andrist a job as a printer's devil at the Kermit News in Kermit, ND. The publisher promised him room and board in exchange for his work, just to tide him over until spring. Andrist chose the newspaper over bootlegging, and it led him far beyond the following spring. The following year, he went to work for the Larson Leader in Larson.

When the building was destroyed in a fire, he moved to Ambrose to work for the Ambrose Tribune and then the Ambrose Newsman.

In 1912, Steve Andrist says, his grandfather finally got a chance to run his own newspaper when a group of merchants in Noonan bought out the interest of an alcoholic publisher of the Noonan Miner. They offered the business to Calvin Andrist, virtually for nothing, if he'd take it over. He did. And he also went on to pur-

chase the Divide County Journal

in Crosby with a partner, Nansen

B. Henderson, whom he bought

eight other county newspapers

folded, leaving The Divide Coun-

ty Journal the county's sole sur-

viving newspaper. Calvin served

as President of the ND Press Assn.

During Calvin's tenure, about

out a few years later.

COVID-19 taking no prisoners in march across the country

Look at us now.

Not to be flippant, but it's hard to pass on the opportunity, such as it is, but North Dakota is in a race with Montana and Wyoming for the fewest coronavirus cases confirmed and the fewest deaths in the country.

How do you like them apples, like they say.

North Dakota wouldn't be such a bad place to be living now, eh?

However long this particular ranking lasts, we certainly don't know, nor will we speculate beyond the expectation that our numbers will not remain as low as they currently are. For we can expect more people will be diagnosed with the COVID-19 virus and more will tragically die in the pandemic sweeping the country, the most rural states, included.

Two older people died Monday, giving North Dakota three deaths in the nation's count that keeps climbing.

Gov. Burgum noted: "We can assume the virus will be everywhere in the state."

It's just a matter of time.

Are we to assume the coronavirus and COVID-19 will hit everywhere in the rural mid-western states? Apparently so.

Will we see 100,000 to 240,000 die in this pandemic?

If we slow its spread, we can avoid those numbers and win this fight, we're told.

At the top of this editorial, we termed our existence with the virus as we would a contest - who has the lowest body count - and now we're describing it as we would with updates from the war front.

Make no mistake, this is a war we are fighting.

And the enemy is deadly in its quest to concur us.

If we practice social distancing, even here in the most rural areas of the country, we can



A message for Harvey and other rural North Dakota communities

All of us may be reeling from the daily news about our nation's COVID-19 pandemic. Clearly, to blunt the impact of this disease outbreak, we must practice social distancing and various forms of physical isolation. As you have likely noted, our economic community has also responded in an exemplary manner so that the curve of infection is lowered and the risk of the COVID-19 virus spreading to those most vulnerable within our community is minimized. is minimized.

However, there are many local business entities across our area who depend on community interaction and sales for their very livelihood. So, I have begun to ponder, how could I be more supportive of our local businesses and assist with keeping them financially solvent during this time?

or neighbors who are not computer-savvy, offer to shop online for them, also.

Contact our local businesses and request purchase of a gift card, or even two or three.

If shopping online, take the time to key a positive 'business review,' thereby encouraging others to shop local.

Subscribe to local business entity newsletters, or follow their business developments on Facebook, YouTube, Instagram, etc. Doing so sends positive messages to our businessmen and women.

Practice promoting use of social media via 'likes,' share,' tweets,' or comments,' and/ or use the telephone to make favorable recommendations to neighbors and relatives who could be potential customers. Across this difficult time, let us all develop habits that assist local businesses and keep them financially robust while we stay at home and promote our greater Harvey-Area community's health as a number 1 priority.

While New York City, New Orleans, Detroit, Chicago and Seattle reflect how the pandemic hits the densely populated cities the hardest, we can expect the coronavirus and COVID-19 illness will spread to the smaller cities and states in the heartland, taking few prisoners in its march across the country.

Equally apparent is the older age group that is particularly vulnerable. More than 20 percent of the deaths reported are those older than 80 years.

We cannot forget that the coronavirus is 15 times more deadly that the common flu.

Like Gov. Doug Burgum said on Monday: "These hard facts and figures are a harsh reminder that we must take this virus seriously."

While a handful of counties (Wells, being one of them) have been spared anyone testing positive for coronavirus as of Wednesday,

beat the coronavirus by simply slowing and stopping its spread.

Slow the spread, stop the virus. And we will survive.

It just might take more than the next 25 days. This is what we must prepare for.

Meantime, the federal government is distributing money to everyone and to all areas of the nation's economy; this will be needed, if we are to survive.

More will be required, we suspect.

If we are to return to the life we knew before the coronavirus pandemic, this, in part, will be price we pay.

There will be no shortcuts, sadly.

No easy way out.

Like our good friend, Lloyd Weckerly, says, "We have to keep on keeping on."

At a safe distance, thank you.

The following suggestions have emerged out of western states as Wyoming, Montana and Colorado as they grapple with this epidemic. In many ways, they are like us. Try these suggestions from time to time.

Shop over the phone, or online, as all of our Harvey-area businesses are prepared for such transactions. If you have friends

Dr. Paul Gunderson Economic Development Director Harvey

and was inducted into the ND Newspaper Hall of Fame in 1978. Meanwhile, Andrist's son, John, began working for him in 1950, and after Calvin retired in 1958, John took over, and then bought, the paper. John shortened the name to The Journal in the 1970s, because the paper's territory now extended beyond the

boundaries of Divide County. John went to his first ND Newspaper Association meeting in 1947 when still in high school; he moved up from there and was the only North Dakotan to have ever served as president of the National Newspaper Association. He was also the first newspaper professional to be inducted into the ND Newspaper Hall of Fame while still living. John eventually served for 20 years in the State Senate.

In the fall of 2000, John was given the James O. Amos Award, a national honor given to individuals who have provided distinguished service in the area of community newspapers.

That brings us to John's son, Steve, the third generation of Andrists to own and operate The Journal. During the late 1970s, Steve worked for the Bismarck Tribune, and spent the 80s at papers in Winona and Rochester, MN. Then, in 1991, he went back to Crosby to take over his family legacy. Steve kept the family tradition alive, later purchasing a second paper, The Tioga Tribune, then selling both papers to Cecile Wehrman in 2012. You can say happy birthday to him in 16 days.

Find more from Dakota Datebook on page 4

Coronavirus brings Pontius Pilot anxiety

"This emergency anti-virus meeting of the Homeland Committee will come to order," announced Chairperson Ork Dorken as he rapped the head table with his genuine Coke bottle.

"Security Officer Garvey Erfald will take the roll."

Garvey stood up and glanced around the room, counting 11 members all spaced six feet apart.

"Let the record show we're all here except the immigrant from Montana," Garvey announced.

Just then, Madeleine Morgan, the immigrant from Montana, came bustling through the door.

"The president is sick," she announced as she threw her cougar fur coat on a vacant chair.

"What's he got?" asked Orville Jordan, the retired Soo Line depot agent, as he straightened his cap with the green shade.

"It looks pretty much like Pontius Pilate Anxiety," she responded. She tucked a few stray hairs under her stocking cap. "At least that's what his remarkable



N.D. Matters

By Lloyd Omdahl Former N.D. Lt. Governor and former professor of political science at UND

outstanding vice president announced."

"I never heard of such a disease," Josh Dvorchak commented.

"I guess it's been around for centuries," Madeleine explained. "People struck with it can't ac-

cept responsibility and freeze up when something bad happens,"

explained Little Jimmy.

What makes you a clinical psychologist?" Garvey wanted to know.

'My cousin Erk didn't want to do college by computer so I have been doing his lessons for Psych 102," Little Jimmy replied. "This is online learning from Harper's Ferry Institute."

By this time, Little Jimmy was on his feet in lecture mode.

"If you folks have been paying attention you will see there's a lot of Pontius Pilate Anxiety in the whole country - caused by the stress of the coronavirus - governors blaming the president, the president blaming the governors, mayors blaming other cities, I mean it's pretty serious. Everybody is more worried about who's to blame than solving problems." By this time, Ork was pretty

steamed.

'We are not here to talk about Pontius Pilate's problems," Ork huffed as he rapped his Coke bottle. "We are on our own in this

war siren went off, warning everybody to take cover because North Korea was attacking. Birdie Erfald fixed up a bomb shelter in the church basement," Dorsey reviewed town history for the committee.

"Of course," he continued, "It would be nice if the church was still there but we could still make it into a pretty good underground emergency place for our medical stuff to save lives."

"What medical staff are you talking about?" sneered Holger Danske.

"We just have to recruit volunteers to take Red Cross training and serve their country right here in the church basement," replied Dorsey.

"Where will we get medical supplies?" asked Einar Torvald. "Have you seen on TV where nobody knows where everything is and everybody needs more if they

president we won't get anything.'

"As our security officer, Garvey should take the lead in getting equipment, especially those ventilators that are in short supply," proposed Ork.

"I don't even know where to look for ventilators," Garvey admitted. "Where is this federal stockpile everybody on TV is talking about?"

'Oh! That has been given away three times already," Josh ventured. "New York got it twice."

Old Sievert spit a batch of snooze toward an old coffee can from his stuffed chair in the corner. He missed.

"It looks to me like we best each take our two million square feet of North Dakota and park in the middle until it blows over."

He rose to his feet and started putting on his coat, which was the same as a motion to adjourn. Everybody headed out, hoping to live for a good carrot crop in 2020.

fight against the virus so we need find any? And if we aggravate the a plan.' "Remember when the Hawaii

Public Notices

Wells County Commissioner Meeting Minutes

PROCEEDINGS OF A SPECIAL MEETING OF THE BOARD OF COUNTY COMMIS-SIONERS OF WELLS COUNTY, ND KTL BUILDING, FESSENDEN, ND

March 19, 2020 The Board of County Commissioners met in a special session with the following members present: Dennis T Dockter, Chairman: Danny (Boone) Maxwell; Leon Klocke; Stan Buxa. Mary Hager was absent and not voting.

Wells County employ Also present: ees, Kathy Thompson, Carla Johnson, Randi Suckut, Lindsay Maddock, Janelle Pepple, Kip Ehni, Tammy Roehrich, Carrie Krause, Brent Keller, Joyce Larson, Laura Muscha, Jana Schimelfenig, Teresa Kluth, Hollie Zink and Caitlyn Roemmich of the Wells County Public Health District

Also present was Anne Ehni of the Herald Press.

The purpose of this meeting was to discuss different ideas on how to handle the situation with the Covid-19 illness risk. The Courthouse was closed yesterday at noon to the public, pending further direction from the Commissioners.

Caitlyn Roemmich of the WC Public Health District updated everyone on some of the precautions everyone should be taking and statistics on the virus.

Employees questioned whether or not they would have to work from home. The Commis sioners felt it was not necessary at this time, but will the situation will be assessed daily.

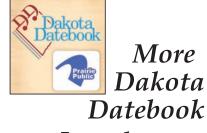
Motion was made by Commissioner Klocke, second by Commissioner Buxa to sign the COVID-19 Emergency Declaration presented by Tammy Roehrich, Wells County Emergency Manager

On vote being taken, all voted yes, and the Chairman declared the motion carried with Commissioner Hager absent and not voting.

WELLS COUNTY, NORTH DAKOTA COVID-19 EMERGENCY DECLARATION

WHEREAS, COVID-19 is a severe respiratory illness, caused by the SARS-CoV-2 virus, a new strain of coronavirus that is spread from person to person, posing a threat to the health and safety of the residents in the county and communities in Wells County; and

WHEREAS, no drug or vaccine is currently available to treat or prevent COVID-19; and WHEREAS, United States Department of



Laundry

By Merry Helm

April 6, 2020 - The following is from Hiram. M. Drache's excellent book, "The Challenge of the Prairie: Life and Times of Red River Pioneers," published in 1970.

Washing clothes was (a) woman's chore. Cisterns were built to store a supply of soft water for washing clothes and for bathing. Often the early cisterns consisted of merely a barrel or two set at each corner of the house or nearby buildings to collect the water as it ran down from the shingled roof. In the winter time snow was melted in large tubs to provide the soft water for laundry work.

When the second generation of houses were built they were larger and they had cisterns in the basement which could hold enough water to last for several months. If the family was not too large this water supply possibly lasted for the year, if not, the laundry water had to come out of the regular well or from melted snow. It was not until the 1890s that storage tanks were placed in attics to provide homes with "pressure" water systems. The W. J. Peets of Wolverton had running water in 1903, Henry Schroeder in 1905, and the Stafnes in 1908. Those lucky homesteaders who were located near a river, such as the Probstfields, could haul their water and thus refill their cisterns. On January 4, 1885, the temperature was forty degrees below zero, but on the next day it was twenty degrees above zero, so Mrs. Woodward and Katie melted snow and washed. They had ten sheets, "innumerable other things" and twenty-two towels. The clothes were dried around "the kitchen fire - everybody knows what a delightful job that is," (she wrote). Later she noted that "everybody in Dakota should have a covered place in which to hang clothes in winter. It would pay a man as well as anything he could build. It would save the wear and tear on clothes, besides the health of the ones who hang them out." Many women froze fingers hanging clothes out on the line and taking in overalls, dresses, and union suits that were frozen stiff as a board.

Health and Human Services Secretary Alex Azar declared a national public health emergency for COVID-19 on January 27, 2020; and

WHEREAS: the World Health Organization declared COVID-19 a global pandemic on March 11, 2020; and

WHEREAS; on March 13, 2020 President Donald Trump issued a declaration of a national emergency due to the growing COVID-19 crisis in the United States; and

WHEREAS; on March 13, 2020 Governor Doug Burgum issued a declaration of a state emergency in response to the public health crisis resulting from the novel coronavirus (COVID-19); and

WHEREAS; preparedness, response and recovery from the COVID-19 virus requires a whole-of-government and whole-of-community approach across all governments as well as private and nonprofit sectors, and the virus has the risk of substantially endangering the health, safety and property of the citizens of Wells County and the communities in Wells County; and

WHEREAS; COVID-19 diagnosis in Wells County would overwhelm local resources and budgets

NOW, THEREFORE, BE IT RESOLVED, that the Board of Wells County Commissioners declare a state of emergency exists in Wells County and in the communities of Wells County, North Dakota in response to the public health crisis resulting from COVID-19.

DATED at Fessenden, North Dakota this 19th day of March, 2020.

Dennis Dockter, Chairman

Wells County Commission

Tammy Roehrich also advised employees on keeping track of any COVID related expenses for possible reimbursement by FEMA.

Motion was made by Commissioner Buxa, second by Commissioner Maxwell to have a controlled closure of the Wells County offices/ buildings until further notice. The County offices/buildings will be open to the public by appointment only, and only after they pass the prescribed health screening.

On vote being taken, all voted yes, and the Chairman declared the motion carried with Commissioner Hager absent and not voting. On motion, the meeting was adjourned

ATTEST: Julie Krosbakken, Wells County Auditor

APPROVED: Dennis Dockter, Chairman (04-04-2020)

Annual Drinking Water Quality Report Fessenden, North Dakota 2019

We're pleased to present to you this year's Annual Drinking Water Quality Report. This report is designed to inform you about the safe clean water we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source is ground water supplied by Central Plains RWD.

Based on the information from these elements, the North Dakota Department of Health has determined that our source water is "moderately susceptible" to potential contaminants. No significant sources of contamination have been identified.

This report shows our water quality and what it means.

If you have any questions about this report or concerning your water utility, please contact Jeff Roehrich at (701) 341-7186. We want our valued customers to be informed about their water utility. If you want to learn more, please attend any of our regularly scheduled meetings. They are held on the first Monday of each month at 7:00 PM in the Fessenden city hall. If you are aware of non-English speaking individuals who need help with the appropriate language translation, please call Jeff at the number listed above.

The city of Fessenden would appreciate it

Fessenden's Annual Drinking Water Quality Report

if large volume water customers post copies of the Annual Drinking Water Quality Report in conspicuous locations or distribute them to tenants, residents, patients, students, and/or employees, so individuals who consume the water, but do not receive a water bill can learn about our water system.

The city of Fessenden routinely monitors for ntaminants in your drinking water according to Federal and State laws. This table shows the results of our monitoring for the period of January 18 to December 318, 2019.

As authorized and approved by EPA, the state has reduced monitoring requirements for certain contaminants to less often than once per year because the concentrations of these contaminants are not expected to vary significantly from year to year. Some of our data [e.g., for radioactive contaminants], though representative, is more than one year old.

The sources of drinking water (both tap and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land, or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity

Contaminants that may be present in source water include

Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations and wildlife.

Inorganic contaminants, such as salts and metals, which can be naturally occurring or result from urban storm water, industrial or domestic wastewater discharges, oil production, mining or farming

Pesticides and herbicides, which come from a variety of sources such as agriculture, urban storm water runoff and residential uses. Organic chemical contaminants, including synthetic and volatile organic chemicals,

which are by-products of industrial processes and petroleum production, and can, also, come from gas stations, urban storm water runoff and septic systems.

Radioactive contaminants, which can be naturally occurring or be the result of oil and gas

production and mining activities. In order to ensure that tap water is safe to drink, the Environmental Protection Agency (EPA) prescribes regulations which limit the number of certain contaminants in water provided by public water systems.

The Food and Drug Administration (EDA) regulations establish limits for contaminants in bottled water which must provide the same protection for public health

In the following table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

Not applicable (NA), No Detect (ND) Parts per million (ppm) or Milligrams per liter (mg/l) - one part per million corre-

sponds to one minute in two years or a single penny in \$10,000.

Parts per billion (ppb) or Micrograms per liter (g/l) - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Picocuries per liter (pCi/l) -Pico curies per liter is a measure of the radioactivity in water. Action Level (AL) - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Treatment Technique (TT) - A treatment technique is a required process intended to reduce the level of a contaminant in drinking water

Maximum Contaminant Level - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water, MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level $(\ensuremath{\mathsf{MRDL}})$ – The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is neces sary for control of microbial contaminants

Maximum Residual Disinfectant Level Goal (MRDLG) - The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

2019 Test Results for Eessenden, ND & Central Plains WD

<u>Contaminant</u>	MCLG	MCL	<u>Level</u> Detected	<u>Unit</u> <u>Measurement</u>	<u>Range</u>	<u>Date</u> (year)	<u>Violation Yes/</u> <u>No Other</u> <u>Info</u>	Likely Source of Contamination	
Lead/Copper									
Copper	1.3	AL=1.3	0.446 90 th % Value	ppm	N/A	2018	0 Sites Exceeded AL	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wo preservatives	
Lead*	0	AL=15	4.39 90 th % Value	ppb	N/A	2018	0 Sites Exceeded AL	Corrosion of household plumbing systems, erosion of natural deposits	
Stage 2 Disinfee	ction By-Products	(System-V	Vide)						
HAA5	N/A	60	25	ppb	N/A	2019	No	By-product of drinking water chlorination	
TTHM	N/A	80	15	ppb	N/A	2019	No	By-product of drinking water chlorination	
Disinfectants	1	1	II				1	1	
Chloramines	MRDL=4.0	MRDL =4	2.3	ppm	1.5 to 2.8	2019	No	Water additive used to control microbes	
Inorganic Cont	aminants	<u>I</u>	<u> </u>		<u>I</u>		1	1	
Barium	2	2	0.055	ppm	N/A	2017	No	Discharge of drilling wastes, Discharge from metal refineries, Erosion of natural deposits	
Fluoride	4	4	0.155	ppm	N/A	2017	No	Erosion of natural deposits, Water additive whi promotes strong teeth, Discharge from fertilize and aluminum factories	

*If present, elevated levels of lead can cause serious health problems, especially for pregnant woman and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The city of Fessenden is responsible for providing high quality drinking water but cannot control the variety of materials used in plumbing components. Use water from the cold tap for drinking and cooking. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your drinking water, you may wish to have your water tested. Information on lead in drinking water, testing methods. and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http:// www.epa.gov/safewater/lead.

We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some contaminants have been detected. The EPA has determined that your water

which the EPA has not established drinking water standards. The purpose of unregulated contaminant monitoring is to assist the EPA in determining the occurrence of unregulated contaminants in drinking water and whether future

ing water contaminants. Those contaminants

amounts of some contaminants. The presence of

2020-2022

the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the

Environmental Protection Agency's Safe Drinking Water Hotline (1-800-426-4791).

MCL's are set at very stringent levels. To understand the possible health effects described for many regulated contaminants, a person would have to drink 2 liters of water every day at the MCL level for a lifetime to have a one-in-a-million chance of having the described health effect.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compro mised persons, such as, persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek

advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Tampering with a public water system is a federal offense. Report suspicious activity to local law enforcement immediately.

Please call Jeff Roehrich at (701) 341-7186 if you have questions concerning your city's water system.

The City of Fessenden works diligently to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, our way of life and our children's future. (04-04-2020)

FREE FISHING DAYS Residents of North Dakota



Notice to Creditors IN THE DISTRICT COURT OF WELLS COUNTY, STATE OF NORTH DAKOTA Probate No. 52-2020-PR-00007 In the Matter of the Estate of Kelly W. Schimke, Deceased. NOTICE TO CREDITORS NOTICE IS GIVEN that the undersigned has been appointed Co-Personal representatives of the above estate. All persons having claims against the said deceased are required to present

their claims within three months after the date of the first publication or said claims will be forever barred. Claims must be presented to Nyhus Law Firm, which represents the Co-Personal representatives of the estate, or filed with the Court.

Dated this 16 day of March, 2020. Melissa K. Schimke, Co-Personal Repre-

sentative Tyler M. Schimke, Co-Personal Representative

Nyhus Law Firm Charles J. Nyhus, ND Bar Id. No. 06229 515 1/2 E. Broadway Ave., Suite 103 P.O. Box 2295 Bismarck, ND 58502 701-751-2262 (phone)

701-425-0028 (fax) (03-28,04-4,11-2020)

washing clothes a hard and unpleasant chore. Not all pioneers wanted to spend forty cents for a scrub board so they rubbed the clothes on stones placed in a barrel of water. Is it any wonder there was a bit of tattle-tale gray?

Mrs. Henry Woell remem-

bered what a joyous day it was

in 1895 in the Langer household

when her father brought home a

hand-powered washing machine.

"Mother was so thrilled not to

have to use the scrub board." The

children took turns providing the

power, leaving their mother free

to do other jobs. It takes only a

little imagination to realize that

the hand-powered machine was

a great labor saver in contrast to

ing in the Langer family came

"about World War I when they

got a gas-powered washer...it was

another great blessing" for no

one was required to stand at the

machine. Mrs. Woell added that

in her lifetime she had seen the

change from scrub board to auto-

matic washer and she ended with

the query, "What will be next?"

(paper clothes?) The United States

Department of Agriculture study

of 1920 noted that sixty percent

of farms had automobiles, but

motor-driven washing machines,

vacuum cleaners, gas or electric

irons were still almost non-exis-

series from Prairie Public in part-

nership with the State Historical

Society of North Dakota and with

funding from the North Dakota

Humanities Council. See all the

Dakota Datebooks at prairiepub-

lic.org, subscribe to the "Dakota

Datebook" podcast, or buy the

Dakota Datebook book at shop-

prairiepublic.org.

"Dakota Datebook" is a radio

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tent on these same farms.

The next advancement in wash-

the scrub board.



is safe at these levels.

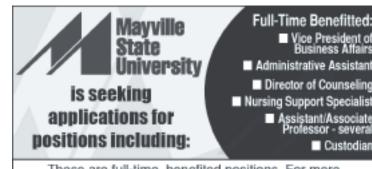
regulation is warranted EPA requires monitoring of over 80 drink-

listed in the table on pages 3 & 4, are the only contaminants detected in your drinking water. Drinking water, including bottled water, may reasonably be expected to contain at least small

contaminants does not necessarily indicate that

Unregulated contaminants are those for

Hard water, homemade lye soap, and the scrub board made



These are full-time, benefited positions. For more information, visit www.mayvillestate.edu/employment Fishing Seasons TENTION ANGLERS

The North Dakota Game & Fish Department announces the following summary of regulations and changes for the 2020-2022 fishing seasons

This summary of regulations covers the two year proclamation period of April 1, 2020 through March 31, 2022. A fishing year is defined as being from April 1 of one calendar year nrough March 31 of the following calendar year. During each of the two fishing years, an angler must possess a valid fishing license for the respective s eason. Rules and regulations can be found in the 2020-2022 Fishing Guide Booklet available when you purchase your license. Please retain the booklet for the two year period.

AREA	SEASON	STATEWIDE	DAILY AND			ARCHERY AND SPE Archery fishing is legal	
All Waters of the State Open to all fishing		Species		Daily Limit	Possession Limit	of each fishing year. Spearfishing is legal fro	
except for those listed below.	April 1 through March 31 of each fishing year.	*Walleye, Sauger, Saugeye,		5	10	of each fishing year. Game fish may not be t	
OWLS Pond	Closed to fishing at night (sunset to	or Combination		5	10	Archery and spearfishir UNDERWATER SPE	
State Fair Pond	sunrise).	Yellow Perch		20	40	Underwater spearfishir November 30 of each fish The following fish may spearfishing gear: sma paddlefish and sturgeon. Underwater spearfishin DARKHOUSE SPEA Darkhouse spearfishin	
Lightning Lake	Open to all open-water fishing. Closed	Bluegill		10	20		
McDowell Dam	to all ice fishing.	White Bass		20	40		
	Closed July 4 to July 16, 2020, and	Crappie		10	20		
State Fair Pond	July 4 to July 22, 2021.	Trout		3	6		
		Salmon		5	10		
Portions or all of the following waterfowl	Closed to all fishing September 20 through November 30 or when	Burbot (Ling)		10	20	March 15 of each fishing Individuals who are req	
rest areas:	conditions allow for ice fishing	Channel Catfish	* East of ND Highway 1	5	5	license to participate in c	
Sheyenne Lake, North Golden Lake	(whichever comes first). Open to all		West of ND Highway 1	no limit	no limit	register with the Departm Northern pike and no	
	fishing all other times. sement national wildlife refuges are	Largemouth Bas Bass, or Combin		3	6	species for darkhouse sp Darkhouse spearfishing	
	ing (contact refuge headquarters for	Muskellunge (pure	or hybrid)	1	1	PADDLEFISH SNAG The snagging of paddle	
		Paddlefish (legal sna		-	it of 1 (tagged)	21 of each fishing year, in a	
Arrowwood, J.Clark	Open to shore and/or ice fishing April 1			no limit	no limit	Yellowstone rivers. Snagge Snagging paddlefish sha	
and all waters within	through March 31 in designated areas.	Nongame Fish (Other than legal live baitfish)				7:00 p.m. (Central Time) eac	
the Upper Souris refuge	Open to boat fishing May 1 through September 30 in designated areas.	Smelt *Legal Live Baitfis	h	5 gallons 150	5 gallons 150	release all paddlefish on immediately tag their one p	
boundary), Lake IIo, Long Lake, and Tewaukon	Closed to all boating October 1 through	Legal Live Bailins		300	300	COMMERCIAL FISH	
national wildlife refuges	April 30.	Frogs		24	24	Non-contract commen	
Lake Alice and Lake	Open to ice fishing only.	Salamanders		24	24	certain waters from May 1 The season for harvest	
Audubon (southern half of lake)	Closed to all other fishing and all	Crayfish		48	48	The season for harvest	
national wildlife refuges	boating.	Snapping Turtle		One annually		NEW FOF	
Dakota Lake, Hobart Lake,	Open to all fishing April 1 through	(legal only between July 1 ar				(Summar	
and Sibley Lake (Griggs County)	September 30 and December 1 through	* Zander are include	Lake Ashtabula and White				
easement national	March 31. Closed to all fishing and boating October 1 through November 30.		in Spiritwood and Alkali lakes (Stutsman Co.). * In the Red and Bois de Sioux rivers, Channel Catfish limit is 5 regardless				
wildlife refuges	boating October 1 through November 60.	of the number of s	The smallmouth bass dat				
Lake Ardoch, Rose Lake,	Open to shore and/or ice fishing from	* Aggregate of all le	egal species.			the Missouri River and la	
and Silver Lake (Benson	April 1 through March 31. Contact	EXCE	PTIONS TO STATE	WIDE FISHING LIM	IITS	Darling, Ashtabula and H	
County) easement national wildlife refuges	refuges for specific areas and times open to boat fishing.	RIVERS UP TO THE FIRST VEHICULAR BRIDGE OR WALLE CROSSING ON ANY OF - Daily THEIR TRIBUTARIES		THERN PIKE - Daily 3, Possession 3 LEYE, SAUGER, SAUGEYE, OR COMBINATION y 3, Possession 3 T - Catch & release only from Apr 1 through June 30.		Area and time for paddle	
						is expanded.	
	to Fishing					 Fish may be filleted for t under the following cond 	
 That portion of the Red River below the From or within 100 feet of the bridg 	Drayton Dam for a distance of 150 feet. e located between North and South Lake					1. Each individual por	
Metigoshe.		OWLS POND		PECIES - Catch & relea	-	a fish is considered	
 Areas near the Garrison Dam Tailrace so No person shall fish or boat in areas 			PECIES - Catch & release only from Apr 1 through July 31. OW PERCH - Daily 10, Possession 20		girdles (wings) are no		
as rearing ponds, spawning areas, or other closed areas.						to transport.).	
		MISSOURI RIVER, LAKE SAKAKAWEA, OAHE, AS AUDUBON, DARLING AN	HTABULA, SMALI	LMOUTH BASS - Daily	5, Possession 10	2. Two fillets are count 3. The packaging of fis	
GENERAL Daily limit is a limit of fish harvested	FISH SIZE RESTRICTIONS				that the fillets can b		
No person may harvest or possess m	Water Areas Anywhere in the state Lake Elsie Richla Cour Buffalo Lake (including connected waters north to Sargent Co. Rd. 1) Sargent Cour		It is illegal to take or possess:		If fillets are frozen, the fillets are separated		
while on the water or on the ice or activ Possession limit is the maximum nu				kellunge Less	without thawing.		
that a person may have in their actual po fishing trip of more than one day.			than 48 inches in Total Length		For additional		
Game fish are bluegill, burbot, cha			unty gent Walleye/Sauger unty Less than		visit our web		
(black and white), largemouth bass, m pike, paddlefish, sauger, saugeye, smallr					LICENSING BY COM		
and lake), trout (brown, lake, rainbow, ar					QUICK - COM		
perch, and zander.	Jamestown and Pipes	tem Stutsr	nan 14 inche	es in Total Length	You can instantly purch apply for most lottery license		
Nongame fish are all species not na Unoccupied fish houses must be re	Reservoirs upstream t including the first brid	o and Cou	unty		Visa, Discover, MasterCard		
15 until ice-out. It is illegal to leave fish ho	including the first brid	ye crossing			Via the Internet visit our website at		

re than 1 Channel Catfish Red and Bois de Sioux rivers

fishing license on June 6-2020, December 26-27, 2020, June 5-6, 2021 and December 25-26, 2021.

PEARFISHING

- through March 3
- from May 1 through November 30
- taken with bow/arrows or spears ning is legal only in certain

EARFISHING

hing is legal from May ishing year.

- ay not be taken with underwater allmouth bass, muskellu
- ning is legal only in certain waters ARFISHING

ing is legal from ice-up through g year. equired to possess a valid fishing darkhouse spearfishing must first

ment.

nongame fish are the only legal spearfishing. ng is legal only in certain waters.

AGGING dlefish is legal May 1 through May in certain areas of the Missouri and gers must possess a valid tag.

shall be legal only from 7:00 a.m. to ach day. Snaggers must immediately on **Snag and Release Days** and

paddlefish on Harvest Days HING

ercial fishing may be allowed in 15 through November 30.

sting clams or mussels is closed. st of turtles is closed.

R 2020-2022 ary of Changes)

- hitman Dam are added to the list of se spearfishing is not allowed.
- dailv limit is increased from 3 to 5 in lakes Sakakawea, Oahe, Audubon, l Heart Butte.
- dlefish extended snag/release days
- r transport, unless size limits apply, nditions:
 - portion of the meat removed from ed a fillet (Fish cheeks and pectoral not considered as fillets and are legal
 - inted as one fish, and
 - fish must be done in a manner so be readily separated and counted. they must be packaged so that the ed and thus can be easily counted

LICENSING BY COMPUTER OR BY PHONE QUICK - CONVENIENT - EASY						
You can instantly purchase general licenses and also apply for most lottery licenses 24 hours a day – 7 days a week. Visa, Discover, MasterCard and American Express accepted.						
<i>Via the Internet</i> visit our website at gf.nd.gov	By Phone call toll free 800-406-6409					
Regular license fees apply with no service charge added. Applicants must print out their own license and those without a printer will receive a confirmation number to carry.	In addition to the license fee(s), a service charge will be added. Service charge will vary depending on amount of transaction.					

Engineers land land after March 15 of each year. It shall be illegal to take, possess or transport any of the following species

of fish in North Dakota. All of the following must be immediately released into the water from which they were caught: pallid sturgeon, shovelnose stu d back and lake sturgeon

nder.	Jamestown and Pipestem Stutsman	14
	Reservoirs upstream to and County	
d fish houses must be removed from all waters beginning March	including the first bridge crossing	
. It is illegal to leave fish houses on any federal refuge land. Corps of	including the mat bridge crossing	
	All waters east of ND Highway 1 including the	More

Prevention and protection strategies for St. Aloisius visitors and patients

St. Aloisius Medical Center call ahead if possible (701 324is screening all staff and people entering the facility prior to allowing anyone past the front lobby. The staff asks that visitors please be patient and maintain social distancing from the person ahead of you being screened. Thank you for your patience and cooperation.

 Visitors Restrictions: Visitors are not allowed to enter patient/ resident care areas. All Long Term Care resident families have been notified of these restrictions.

 Employee Screenings: All staff are being screened for fever and respiratory symptoms at the beginning of their shift.

• Emergency Room Patient Screening: Patients will be screened for shortness of breath, respiratory symptoms, and/or fever to evaluate for COVID-19 and staff risk exposure. If these symptoms are present, St. Aloisius staff recommends patients 4651) so that staff can be prepared and expedite care.

REMINDER:

Dr. Dean is available by telephone to discuss concerns of exposure or symptoms related to Coronavirus.

He can be reached at 701-324-5125, 8:30 a.m. to 5 p.m., Monday through Friday.

All patients who have had international travel, travel outside of North Dakota or who have been exposed to a person who has tested positive for Covid-19 should call this number before coming to St. Aloisius Medical Center Clinic or to the hospital emergency room.

All patients are asked to call ahead if upper respiratory symptoms such as cough, fever, shortness of breath and sore throat are present.

Harry Adam

Harry Adam, 86, Harvey, ND died on Monday, March 30, 2020 at the St. Aloisius Nursing Home, Harvey, ND.

Private services will be held at First Lutheran Church of Harvey on Saturday April 4, 2020 at 10:30 a.m. The service will be live streamed on www.harveyfirstlutheran.com

CDC recommendations include social distancing, hand cleansing and staying away if sick; these rules will be followed for the visitation which will be from 4 p.m. to 7 p.m. on Friday April 3, 2020 at the Hertz Funeral Home of Harvey. Burial will be in the Sunnyside Cemetery of Harvey.

Harry was born on April 8, 1933 in Hosmer, South Dakota. He was the son of Reinhold and Loretta (Schnabel) Adam. Harry grew up and attended rural school near Hosmer. The family moved to Aberdeen, South Dakota where he graduated from high school. Harry stocked shelves in a grocery store and did cleaning at a bar/liquor store before school. In high school, his hobbies included playing basketball, baseball, hunting, and fishing. After high school Harry worked at Sherman Hotel in Aberdeen, SD as a desk clerk and a bell hop.

Harry married Ella Leona Hettich in Roscoe, South Dakota on June 27, 1954. He was drafted into the US Army in 1955 and was stationed in El Paso, Texas for two years. While in the Army, he was a postal worker and managed 3 movie theaters. In

Online Sunrise Service **Easter Sunday**

Harvey Assembly of God will host an on-line Sunrise Service,

1959, Harry and Ella moved to Mobridge, SD where he worked as produce manager at the National T Grocery store. Harry became manager of the National T Grocery Store in 1961. Harry has worked in various jobs in the grocery/food industry; manager of Randall's Super Value in Yankton, SD, Sunshine cookie salesman in Aberdeen, SD, and field representative for Nash Finch company in Bismarck, ND. In 1972, Harry and Ella moved to Harvey, ND and bought Warehouse Grocery along with Dean Hofland. Harry, Ella, and his children worked alongside him in the grocery business. Ella passed away on December 9, 1991. Harry retired a couple years later. After a time, Harry met Clara Lock. They enjoyed spending time together until Clara passed away in 2013.

Harry enjoyed collecting coins, collecting car banks and antique items, playing cards, but most of all he loved to dance!

Harry was a member of the First Lutheran Church of Harvey. He served as Vice President on the Chamber of Commerce and as assistant Vice President of Harvey VFW.

Harry is survived by his four children, Carol (Rick) Lee, Wahpeton, ND, Gary (Kim) Adam, Underwood, ND, Donna (Robert) Marthe, Harvey, Douglas (Robin) Adam, Lisbon, ND; 13 grandchildren; Brian (Amanda) Lee, Mountain Home, Idaho, Brenda (Tom) Leon, Glyndon, MN, Brandon (Kaitlyn) Lee, Jamestown, ND, LaTina (Marcus) Rondestvedt, Lisbon, ND, LaRissa (Tim) Burner, Lakeville, MN, Samantha (Casey) Formaneck, Wahpeton, ND, McKenna and Lakyn Adam, Underwood, ND, Jessica (Travis) Monge, Martin, ND, Kelly (Niki) Marthe, Coon Rapids, MN, Carson Adam, Maddock, ND, Robert Joseph Adam and Johnny Adam, Lisbon, ND and 17 great-grandchildren. Harry was preceded by his parents; wife, Ella, brother, Herbert, step-father, Carl Job. Share online at www.hertzfuneralhomes.com

Marvin Heil

Marvin V. Heil, 83, of Grand Forks, N.D., died Tuesday, March 31, 2020 in Altru Hospital in

Grand Forks, ND. Memorial Services will take place in later summer at St. Mi-



Obituaries

Elaine Appelt

Elaine Ruth Appelt, 79, nee Johnson, a long-time resident of Lake Villa, IL died on Friday, March 27, 2020. She entered eternal life with our Lord.

Elaine was born on July 7, 1940 in Heimdal, North Dakota to Melvin and Mabel (Fossen) Johnson. She attended the grade school in Heimdal. She graduated from Harvey High School in 1958. She worked many jobs including a telephone operator at Ma Bell.

On March 7, 1970, Elaine married Richard Appelt in Fargo, North Dakota. They met when they were eleven. They settled in Lake Villa. Elaine loved spend-



Evelyn Schmidt

Evelyn Schmidt, 83, Minot, formerly of Anamoose, passed away Sunday, March 29, 2020 at the Trinity Hospital in Minot.

Evelyn Katherine Koble, daughter of Casper and Eliza-beth (Burckhard) Koble, was born September 9, 1936 on the Koble family farm near Orrin where she grew up and attended a nearby country school. At an early age, Evelyn began helping out with chores on the farm ane later worked at the Rugby Hospital for a time.

On October 22, 1957, Evelyn was united in marriage to Arthur Schmidt at Blumenfeld. They made their home on the ing time with her family. Family was the most important to her. She loved being outside helping in the garden. Elaine also loved her animals. She enjoyed playing cards and was a very independent, hard worker. She is known for her amazing smile, her kindness towards others, and her faith as she was a member of St. Mark Lutheran Church in Lindenhurst, IL.

Elaine will be remembered by her loving husband of 50 years, Richard; her three children, Shonda (Richard) Doty, Mark (Meaghan) Appelt, and Ryan (Lisa) Appelt; and her grandchildren Niva, Avina, Mikaela, Draven, Legion, Avin, Amya, Ayla, and Alyn. Elaine will also be remembered by her brothersin-law Ralph (Julia) Appelt and Robert (Darlene) Appelt

as well as many dear nieces, nephews, cousins, and friends.

She was preceded in death by her parents, Melvin and Mabel, sisters Doris (Kermit) Engebretson and Martha (Duanne) Westermann, in-laws Emmanuel and Pearl Appelt, and Geraldine (John) Dethloff.

As a result of the ongoing pandemic, a memorial gathering will take place at a later date.

and canning. She also enjoyed crocheting, playing cards and dancing.

Following their retirement, they moved to Minot in 2002. Arthur passed away on January 17, 2014. Evelyn later resided at Edgewood Vista and Maple View Memory Care in Minot before entering the Souris Valley Care Center in Velva.

She was a member of St. Francis-Xavier Catholic Church in Anamoose and St. Leo's Catholic Church in Minot. She and Art were also members of the Harvey Eagles Club for many years.

She is survived by her children, Melvin of Wisconsin, Marvin of Oklahoma and Michele of Minot; 4 grandchildren; and her siblings, Ray (Marlene) Koble, Leonard (Diane) Koble, Albert (Paulette) Koble, Geraldine (Joe) Hammon, Ron (Star) Koble and Marlene Koble.

Evelyn was preceded in death by her husband, Arthur; her son, Michael; grandson, Jordan Schmidt; her parents; brother, Joseph; and sister, Katherine.

(Due to the Coronavirus Pandemic): A Mass of Christian Burial will take place at a later date at St. Francis-Xavier Catholic Church in Anamoose. Visita tion will be held Monday, April 6, 2020 from 2 P.M. to 4 P.M. at the Nelson Funeral Home in Drake. Burial will be held at St. Francis-Xavier Catholic Cemetery in Anamoose.

New to working from home full-time? Here's how to stay productive creates the correct mindset for As the coronavirus pandemic being productive." threatens public health and the

U.S. economy, more people are working from home on a regular basis. The move follows social distancing guidelines as an attempt to slow the outbreak, but keeping scattered workforces connected and productive can be challenging for managers and employees.

'This is new terrain for all involved, but employees and their companies can come out of this stronger by learning how to work together even better while they're physically apart," says Dr. Jim Guilkey (www. jimguilkey.com), author of M-Pact Learning: The New Competitive Advantage - What All Executives Need To Know.

"Optimally, working remotely can sharpen the skills you have and open new avenues of training that broaden skill-sets and increase results. But technology alone can't smooth the transition to remote working, and both employees and business leaders must learn how to implement new structures and some new or tweaked pro-

• Structure your day like you would in the office. Workers need to adopt exceptional conscientiousness when it comes to dividing their day into intensive work, communications, personal time and family life," Dr. Guilkey says. "Have an agenda. Schedule meetings and project time and stay on schedule."

For managers:

• Set expectations. "It is vital that employees know what is expected of them," Dr. Guilkey says. "When will you be available? How long will it take to get back to someone?'

• Create a cadence of communication. Without daily faceto-face interaction, there's more importance on communication. "A rhythm of communication is vital - daily check-ins, weekly one-on-ones, weekly team meetings, etc. " Dr. Guilkey says.

• Take a video-first approach. "Video, with all the current technology, is the most effective means of remote communication," Dr. Guilkey says. "Invest in reliable tools."

 Maintain company social bonds. One drawback of work-

ing remotely is the potential

breaking of social bonds that are

necessary for productive team-

work. "Video conferencing or

a quick Google chat with a col-

league is vital to keep relation-

ships strong," Dr. Guilkey says.

"Employees miss face-to-face

banter and impromptu discus-

sions in the physical office, so

seeing faces on the screen daily

is optimal for morale and a sense

can take this unprecedented

time as a time to improve in-

dividually and as a company,"

from home and working well

harder in the same direction."

Even if you are only doing

business by phone or email

"Employees and employers

of normalcy."

cesses.

Dr. Guilkey offers tips for both managers and associates to make working from home work out well for their companies:

For employees:

• Get started early. "When going to the office, you normally get up and out the door early," Dr. Guilkey says. "At home, this is more difficult. Get up, take a shower, and get started."

• Create a dedicated work space. People who haven't worked remotely may need to experiment with different approaches to find what setting works best for them. "Just because you're not going to the office doesn't mean you can't have an office. Dedicate a specific room or surface in your home to work," Dr. Guilkey says. "You should associate your home office with your actual office. This

right now, help people know

Contact NDNA or your local newspaper to place an ad this size in all North Dakota newspapers for only \$700! (that's just \$8.14 per paper! Regions also available.)

ND Newspaper Association: 701-223-6397



a mask wear

You should wear a facemask when you are sick and you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask then you should do your best to cover your coughs and sneezes.

To learn more, visit www.cdc.gov



Easter Sunday, April 12 at 8:00 a.m. on FaceBook.

Facebook.com/Harvey-Assembly-of-God

chael's Catholic Church in Grand Forks, ND.

Amundson Funeral Home of. Grand Forks, ND

Schmidt farmstead northwest of Anamoose. In addition to working with Art on the farm and raising their four children, Evelyn found time to tend to her vegetable and flower gardens, and do plenty of cooking, baking



MARTIN BAPTIST CHURCH

Pastor Rich Reinhart, 693-2844

DRAKE TRINITY LUTHERAN

SEVENTH-DAY ADVENTIST CHURCHES

or 701-324-2344

Pastor Sarel J Smit 701-426-0408

Robin Weisz 962-3299

Harvey: 733 Judy Blvd., 324-5204 Pastor Sarel J Smit 701-426-0408

Sabbath School 9:45 am; Worship 11 am Manfred: 1510 34th Ave NE

or 701-324-2344 Sabbath School 10 a.m.; Worship 11 a.m

Goodrich: 218 Frank St. E. Ph: 884-2543

Church Directory Call in advance to confirm service times

CHURCHES: Update your information by sending an e-mail to: heraldpress@ MidcoNetwork.com

LIVING STONE CHAPEL 61 7th Avenue N. Fessender Jon Couch, Pastor 585-750-1197 Sundays 9:30 am

UNITED METHODIST CHURCH of CHASELEY, GOODRICH & McCLUSKY Pastor Warren Rhodes Ph. 363-2420 Chaseley: Morning Worship 8:45 a.m. Goodrich: Family Worship Hour 9:45 a.m. and Family Sunday School 10:30 a.m. McClusky: Family Sunday School 10 a.m. and Family Worship Hour 11:15 a.m KIEF LIBERTY BAPTIST CHURCH Pastor Luis Coca Sunday School 9 am: Sunday Worship 10 a.m. Fellowship 11a.m.

FIRST LUTHERAN CHURCH Fessenden Pastor Shirley Teske Sunday School and Confirmation 9:10 am Sunday Worship at 10:30 a.m.

BOWDON COMMUNITY CHURCH OF GOD

Pastor Dale Peaslee Ph. 962-3681 Sunday School (all ages) 9 a.m.; Service 10:15 a.m.; Wednesday: Prayer Mtg. 6:30 p.m. CORNERSTONE COMMUNITY CHURCH Pastor Jeff Blomquist 324-4261 North Campus: 100 N St E 324-2405 South Campus: 220 9th St W 324-4261 Harvey, ND 58341 Parsonage 324-2408 Sun. School 9:30 am; Worship 10:30 a.m.

FIRST BAPTIST CHURCH Goodrich Pastor Jim Grupp Church 884-2528 Home 884-2587 Sunday School 10-11 and Worship 11-12 First Wednesday: WMS 7:30 p.m. Other Wednesdays: Bible Study 7 p.m

VICTORY BAPTIST CHURCH Hwy. 3, Harvey Pastor Paul Dyck Sunday: Bible Classes 10 a.m. 11 a.m. Worship; Bible Study 2 p.m. Wed.: Bible Study and Prayer 7 p.m ST. FRANCIS-XAVIER CHURCH 605 1st St. W., Anamoose 1st & 5th Sundays at 8 a.m. 2nd Sunday at10:30 a.m. 3rd & 4th Sunday at 5 p.m. Saturday

5th Sunday at 8 a.m. www.stfxnd.org 701-465-3780

ST. MARGARET MARY CHURCH 605 Main St P O Box 197 Drake 1st and 2nd Sundays at 5 p.m. Saturday 3rd Sunday at 8 a.m. 4th & 5th Sundays at 10:30 a m www.stfxnd.org 465-3284, 465-3780

ST. ANTHONY CATHOLIC CHURCH, Selz Sundays at 8:30 a.m

ST. CECILIA CATHOLIC CHURCH

Fr. Kevin Boucher www.stceciliaharvey.org 413 E. Brewster Street, Harvey, 324-2144 Saturdays 4:30 p.m.; Sundays 10:30 a.m. Religious Education Wednesdays 6:30 p.m

TRINITY BETHANY LUTHERAN CHURCH 820 Adams Ave., **Harvey** Sunday Worship Service at 10 a.m.



Hertz Funeral Homes Harvey & McClusky; St. Aloisius Medical Center Harvey; First International Bank & Trust; Wiest Associates, LLC; Harvey Warehouse Grocery; Service Drug & Gift of Harvey; Nelson Funeral Homes of Fessenden; Dakota Heritage Bank; First State Bank of Harvey; Harvey Farmers Elevator

NDNA



Dr. Guilkey says. "Working Sun. School 10:00 am., Worship 11:00 a.m

together can go hand-in-hand Sun.: Services 9 a.m.; Sunday School 10

when everyone is pulling even a.m.; Communion first and third Sundays.

PARISH Pastor Pauline Crowder Box 302, Bowdon, ND 58418 962-3337 bowdonlutheran@daktel.com & Facebook Bowdon Lutheran: 231 Dunham St E Sun school/coffee 9:45 am Worship 11 am Trinity Lutheran: 5590 Hwy 5, Bremen Worship 9 am 2nd/4th Sundays (below) Fifth Sundays from October-March Sunday school following worship Concordia Lutheran: 10 miles NE of Fessenden, 21st St. NE and 1/2 mile W of Hwy 30 Worship 9 am 1st/3rd Sundays (above) Sunday school following worship

UNITED PENTECOSTAL CHURCH

516 6th St., **Harvey** Pastor Jeffrey Soberg Service: Sunday 10:30 a.m. Wednesday Bible Study 7 p.m.

FIRST LUTHERAN CHURCH - Harvey 1520 Advent St,

Pastor Phil Leer, 324-2548 harveyfirstlutheran.com/firstlc@gondtc.com Sunday: 10:00 am Sunday School 9:00 a.m. Wednesday 6:30 p.m.

ST. PAUL'S LUTHERAN CHURCH Sykeston Richard Biberdorf, Pastor 3rd Sunday of each month: Worship 8:30 a.m.

ST. AUGUSTINE CATHOLIC CHURCH Fessenden 105 7th Ave S. 701-547-3430 Fr. Brian Bachmeier February: Sunday 8:30 a.m. March: Sunday 10:45 a.m.

HOLY FAMILY CATHOLIC CHURCH 409 Ave B East, McClusky

1st & 3rd Sundays at 10:30 a.m. 2nd & 4th Sundays at 8 a.m. 5th Sunday at 5 p.m. Saturday

ST. MARTIN LUTHERAN CHURCH

Sunday Service 8:30 am; Sunday School 9:30; Communion every 1st & 3rd Sunday

FAITH LUTHERAN CHURCH - LCMC 209 8th St. East, PO Box 188, Harvey Pastor Greg Longtin Ph: 324-2110 harveyfaithlc@gondtc.com Sunday Worship 10:30 a.m. Wednesday Worship 7:00-8:30 p.m. all ages

HARVEY GOSPEL CHAPEL PO Box 221, 210 W. 8th St., Harvey

1/2 block west of City Hall Sun.: 11 am Ministry and Sunday School; 1st & 3rd Thurs. 7 pm prayer meeting.

NEW LIFE ON MAIN Pastor Jeff Robison 802 Lincoln Ave., Harvey 324-4011

www.newlifeonmain.org Sunday School (all ages) 9:00 a.m. Coffee Fellowship 10am; Worship 10:20am

UNITED METHODIST CHURCHES OF DRAKE AND MARTIN

Salem Methodist Drake: Worship 8:30 a.m. Fellowship 9:30 a.m. Martin United Methodist: Worship 10 a.m. Fellowship 11 a.m.

U.M. Women meeting first Monday 2 p.m. HARVEY ASSEMBLY OF GOD 1020 Millennium Drive 324-4985 Pastor Kevin Shumway

Sun. School 9:30 am. Worship 10:30 a.m

VANG LUTHERAN CHURCH, Manfred Sunday Church service at 9 a.m.

UNITED COMMUNITY BAPTIST CHURCH

Anamoose Danelle Olson, Pastor Sunday School 9 am and Worship 10 am

Anamoose Paul Nelson, Vacancy Pastor



With spring's work just around the corner, most of the 2019 corn harvest was completed by the end of March, leaving just a couple rows of stalks standing tall along the field headlands.

CORONAVIRUS **COVID-19 OVERVIEW Death toll expected to rise**

By Neil O. Nelson The North Dakota Department of Health on Wednesday confirmed 21 additional cases of COVID-19, bringing the state's total to 147 confirmed cases. Twenty-six individuals have been hospitalized, 39 have recovered, and three people have died. A total of 4,627 tests have been completed.

Coronavirus tests have been administered in 51 of North Dakota's 53 counties. The two counties not tested are in the southwest corner of the state.

Since the virus' first appearance in the U.S. in late January, 5,116 people have died and more than 215,000 have been infected, as of Wednesday of this week.

The nationwide death toll is expected to rise over the next few weeks as more patients flood hospitals. Deborah Birx,

coordinator for the White House medical event in that it is uncoronavirus task force, and Dr. Anthony Fauci, the nation's top coronavirus expert, said this week they are still projecting between 100,000 and 200,000 deaths in the U.S. with a peak in fatalities occurring over the next two weeks.

Fauci has cautioned that the COVID-19 virus could become a recurring event, much like the flu. He fears that the virus could strike again this fall.

"We really need to be prepared for another cycle."

The director of the national Institute of Allergy and Infectious Diseases emphasized the need to continue developing a vaccine and test it quickly so it will be available for the "next cycle.'

While health officials say COVID-19 is considered a flash likely to maintain its deadly hold for more than three or four months, the 1,000 deaths a day threshold is significant because it shows the impact an unforeseen outbreak can have on the U.S. medical system.

The U.S. topped 1,000 coronavirus deaths in a single day for the first time on Wednesday, a daily death toll that more than doubles that of two of America's most deadly illnesses - lung cancer and the flu.

The previous high mark for a single day in the U.S. was Tuesday, with 504 deaths.

Some researcher say the daily death toll could more than double to 2,200 or more by mid-April.

A University of Washington model predicts a peak daily death toll of 2,214 in mid-April,

and a total of 84,000 Americans dead by the end of the summer. That's more than twice the lives claimed during the 2018-19 flu season, which killed 34,000 people.

The global number of confirmed coronavirus cases edged toward 1 million and deaths neared 50,000 as the outbreak continued to hit the United States and Europe especially hard.

More than 10,000 have been killed by the virus in Spain. The situation in Italy, France and Britain is similarly grim.

Meantime, the U.S. government's emergency stockpile of respirator masks, gloves and other medical supplies is nearly exhausted, leaving states and the administration to compete on the open market for personal protective equipment (PPE).



High School seniors from Fessenden-Bowdon and Harvey High Schools will be featured in this section every week until graduation.





Melissa Beck Harvey High School

What are your plans for school or workforce after graduation? I will attend Ridge Water College in Willmar, Minnesota, and study to be a vet tech.

What has been your favorite subject in school and why?

My favorite subject has been science because it is a fun class and one that I am good at.

If you could create one mandatory course for future seniors, what would it be and why?

I would add a basic life skills class that teaches skills you will actually use in your adult life.

If you could change one school rule, what would it be and why?

I would change the school start time from 8:30 a.m. to 10:00 a.m. Most students are not really awake before then anyway.

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With local banks in:

Parent: David Beck



Harvey High School

What are your plans for school or workforce after graduation? I will attend Bismarck State College for a year or two and then transfer to NDSU to pursue marketing.

What has been your favorite subject in school and why?

I have enjoyed any math class It is the most challenging and when a person knows what's going on, it's very rewarding.

If you could create one mandatory course for future seniors, what would it be and why?

I would add a basic life skills class because I have yet to learn how to pay bills, take out loans and manage an adult life.

If you could change one school rule, what would it be and why?

I would change the rule about the senior's final tests. 'A' or 'B' students understand the class and shouldn't have to take the

live first

final.

Harvey 701-324-4661 Fessenden 701-547-3191 Bowdon 701-962-3362

Parent: Belinda Jans

RNATIONA K&TRUST

Enjoy more family meals together during the coronavirus pandemic

"We're going to gain 10,000 pounds if you keep cooking and baking like this," my husband said as he glanced in my direction.

Did I mention he tends to exaggerate a little?

"How many pieces of banana cake have you had?" I asked.

"This is my second piece," he replied without even a slight bit

of remorse. "The cream cheese frosting

Eating as a family is a routine that is reassuring for everyone.

Researchers have shown that children who eat more meals with their families are more likely to earn mostly A's and B's, compared with kids who eat fewer times with their families. Children who eat with their families improve their communication skills and build their vocabularies. Even the occasional bickering session



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is really good," he added as he placed a large piece on his plate.

I think we will gain only 5,000 pounds. Or perhaps 5 pounds.

I won't add to your family's weight by printing the recipe. However, I know people will ask me for it, so check out https:// www.allrecipes.com and search for "Banana Cake VI."

Like any treat, cut the pieces small. Store the remaining cake in your refrigerator. Actually, you might want to put a lock on the refrigerator. However, my sweettoothed husband would figure out how to dismantle a lock.

Cooking and baking are stress relievers for me, especially during this time of uncertainty in the coronavirus pandemic. Our kids appreciate the fancier meals that happen when we have more time to focus on food preparation.

For example, we had a Thanksgiving dinner the other day. My kids looked at me a bit oddly but loved it. We also had a lot of leftover turkey to use in plannedover meals.

Another day, we enjoyed a beef roast and all the fixings. We made barbecue beef sandwiches the next evening.

We continue to support our local restaurants as well, so we order drive-up or delivery at about the same rate as pre-COVID-19. We want the restaurants to be in business later, so they need our support.

Families and individuals are spending more time at home and eating together more often, sometimes "seeing" each other using technology. That's a silver lining as we huddle in place.

As numerous studies have shown, eating more meals as a family has numerous benefits.

According to researchers, eating more family meals may have more benefits than some extracurricular activities. However, kids who have missed attending the prom and sports tournaments, and participating in music and theater performances might not agree at this point in their lives.

among siblings builds communication skills.

Family meals provide structure, stability and feelings of belonging. As a result, children who eat meals more often with their families are less likely to engage in risky behavior, such as drinking alcohol, smoking or drug abuse. They're also less likely to be depressed and less likely to have eating disorders.

A family who eats together enjoys more nutritious meals, too. Kids who eat more often with their families eat more fruits and vegetables, more calcium-rich foods and less high-fat, highly sweetened foods. They're more likely to meet their needs for fiber, iron, vitamin E and folate, too.

Do you ever run out of conversation topics during meals? We can help. My colleague Kim Bushaw, family science specialist, created 60 conversation starters. You can access them on the Family Table website: https://www. ag.ndsu.edu/familytable.

Here are a couple of conversation starters from the collection: What is your super power (something you do really well)? What food would you like to try if you were feeling extra brave about trying something new?

To help with a collaborative family meal, here's an easy recipe courtesy of the North Dakota Wheat Commission (https:// www.ndwheat.com). This recipe is featured in "7 Steps to Making a Pizza," which is a publication in our "Pinchin' Pennies in the Kitchen" series of 26 handouts. The handout lists a variety of toppings and more recipes, including a cauliflower crust. Try setting up a make-your-own pizza buffet with a variety of toppings.

Visit https://www.ag.ndsu. edu/food and click on "Food Preparation" to view a wide range of free materials, including the "Pinchin' Pennies" series, as we navigate our present journey.

by Julie Garden-Robinson Food & Nutrition Specialist NDSU Extension Service



Whole-wheat Pizza Crust

3/4 c. whole-wheat flour

3/4 c. all-purpose flour

1 package quick-rising yeast (2 1/4 tsp.)

3/4 tsp. salt

1/4 tsp. sugar

1/2 c. warm water (120 to 130 F) 2 tsp. extra-virgin olive oil or other oil

Combine whole-wheat flour, all-purpose flour, yeast, salt and sugar in a mixing bowl. Stir to mix dry ingredients.

In a separate bowl, combine hot water and oil (water should be 120 to 130 F); gradually combine water mixture with dry ingredients until a sticky ball forms. If dough is too dry, add 1 to 2 Tbsp. warm water; if dough is too sticky, add 1 to 2 Tbsp. flour.

Using a stand mixer, process dough for one minute to knead. Spray a sheet of plastic wrap with cooking spray and cover bowl, allowing dough to rest for 10 to 20 minutes before rolling. Preheat oven to 450 F and roll

out dough (13-inch circle). Brush crust with olive oil and poke with fork. Top with your favorite toppings and bake for about 15 minutes or until cheese has melted and crust is browned.

Makes 10 servings (slices). Each serving of the crust has 80 calories, 1.5 grams (g) fat, 3 g protein, 14 g carbohydrate, 1 g fiber and 180 milligrams sodium.

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Learn more at ndcensus2020.com



Saturday, April 4, 2020

A weekly section of The Herald-Press delivered to over 5,000 homes in the Harvey-Fessenden trade area



Did you know...

If you have a FEVER or RESPIRATORY symptoms and not tested, stay home 72 hours after symptoms subside.

The COVID-19 virus can only enter your body through your eyes, nose and mouth. Don't touch your face! Please wash your hands often!

SMP Health System

Travelers from these states must self-quarantine for 14 days NORTH DCKOTC Be Legendary." HEALTH

Deadline Information: Wednesday 2 p.m. for classified ads & cards of thanks. Wednesday 5 p.m. for articles and box ads The Herald-Press

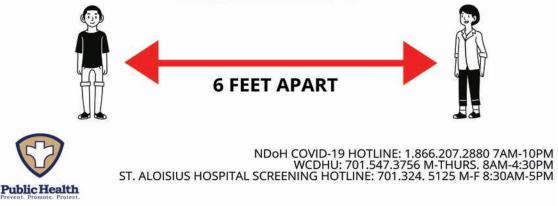
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surfacant provided by the Wells County Weed Control Board. Bids should be submitted on per hour basis on approximately 300 miles; more or less. Applicator must be commercially licensed right of way sprayer and insured for a minimum of two million dollars. If you have questions, contact Dale Schmitz at 701-693-6099. Bid must be submitted by April 15, 2020 to: Wells County Weed Control Board PO Box 2, Fessenden, ND 58438 The Wells County Weed Control Board reserves the right to reject any or all bids.

feet and a smaller ATV/UTV for spot spraying. All chemical and

Heart of America Johnson Clinic welcomes all patients for their essential healthcare needs. We've taken the necessary precautions and steps to make our clinic a safe and non-infectious place to receive your healthcare.

Those steps include developing a Respiratory Clinic to respond to the healthcare needs of those who are experiencing COVID -19 like symptoms. Rest assured you will receive the same quality care and peace of mind.



COVID-19 Hotline 701.776-5455 **Extension 2263** Mon - Fri 8am to 5pm

For all other questions or after hours please call 701.776-5261



Apprentice Lineman Summer Help NORTHERN PLAINS ELECTRIC COOPERATIVE

Position opening for two part-time Apprentice Lineman. The Apprentice Lineman is responsible for building, maintaining, and repairing the Cooperative's overhead and underground electric distribution line. Successful applicants must have an Apprentice certification. Valid driver's license and CDL required. A full description of the responsibilities and NPEC Application form are provided at the following website:

http://www.nplains.com/content/job-opportunities This position is hourly up to 1000 hours and is based on a 40hour work week with the possibility of overtime. To apply, send a NPEC Application and cover letter to: Northern Plains Electric Cooperative, Attn: Operations Dept., PO Box 180, Carrington, ND 58421 Applicants must submit an application by April 15th, 2020. NORTHERN PLAINS ELECTRIC NORTHERN PLAINS Electric Cooperative Cooperative IS AN EQUAL OPPORTUNITY EMPLOYER.

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Express Yourself

Write a Setter to the editor The Herald-Press 1111111 Your Community's Town Hal

for questions related to patients who may be experiencing COVID-19 like symptoms.

701.776-5455 **Extension 2263** Mon - Fri 8am to 5pm

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Thank You to all businesses and individuals listed, for your donations, which were used towards flowers for all departments & nursing home residents!

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